

**This NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU  
MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO  
THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.  
PEAK PERFORMANCE PHYSICAL THERAPY**

**NOTICE OF PRIVACY PRACTICE PURSUANT TO 45 C.F.R.164.520  
OUR DUTIES**

We are required by law to maintain the privacy of your protected health information (“Protected Health information”) we must also provide you with notice of our legal duties and privacy practices with respect to protected Health information. We are required to abide by the terms of our Notice of privacy Practices currently in effect. However we reserve the right to change our privacy practices in regard to protected health Information and make new privacy policies effective from all protected Health information that we maintain. We will provide you with a copy of any current privacy policy upon your written request, addressed to our privacy officer. At our correct address.

**You’re Complaints**

You may complain to us and to the secretary of the department of health and human services if you believe that your privacy rights have been violated. You may file a complaint with us by sending a certified letter addressed to privacy officer at our current address, stating what Protected Health Information you believe has been used or disclosed improperly. You will not be retaliated against for making a complaint. For further information you may contact our privacy officer at telephone number (225) 295-8183.

**Description and Examples of uses and Disclosures of Protected Health Information**

Here are some examples of how we may use or disclose your Protected Health Information. In connection with treatment we will for example allow a physician associated with us to use your medical history, symptoms, injuries or diseases to treat your protected Health Information to your insurer or to a federal program, such as Medicare, that pays for your treatment. This allows us to obtain a payment for the services we rendered on your behalf. In connection with health care operations, we will, for example, allow our auditors, consultants, or attorneys access to your protected Health Information to determine if we billed you accurately for those services for the services we provided to you.

**Uses and Disclosures Not Requiring Your Written Authorization**

The privacy regulation give us the right to use and disclose your Protected Health Information if ( ) you are an inmate in a correctional institution, we have a direct or indirect treatment relationship with you, we are so required or authorized by law. The purpose for which we might use your Protected Health information would be to carry out treatment, payment, and health care operations similar to those described in Paragraph 1. Several of our clinics are located in health clubs which may allow you to be seen by other individuals, who are not patients, while receiving some forms of treatment. If requested, we will make every effort to provide as much of your treatment as possible, in a private room.

**Uses of Protected Health Information to Contact You**

We may use your Protected Health Information to contact you regarding appointment reminders or to contact you with information about treatment alternatives or other health-related benefits

and services that, in our opinion, may be of interest to you. We may use your Protected Health Information to contact you in an effort to raise funds for our operations.

#### Disclosures of Protected Health Information for Billing Purposes

We may disclose your billing information to any person that calls our billing staff or agents with billing question after we verify the identity of the person by requesting information such as your social security number or health plan number.

#### Disclosures for Directory and notification purposes

If you are incapacitated or not present at the time we may disclose your protected health information (a) for use in a facility directory, (b) to notify family of other appropriate persons of your location or condition and to inform family friend or caregivers of information relevant to their involvement in your care or payment for your treatment. If you are present and not incapacitated, we will make the above disclosures, as well as disclose any other information to anyone you have identified, only upon your signed consent, your verbal agreement, or the reasonable belief that you would not object to disclosures.

#### Individual Rights

You may request us to restrict the uses and disclosures of our Protected Health Information, but we do not have to agree to your request. You have the right to request that we but we communicate with you regarding your Protected Health Information in a confidential manner or pursuant to an alternative means, such as by a sealed envelope rather than a postcard, or by communicating to an alternative means, such as by a sealed to a specific phone number, or by sending mail to a specific address. We are required to accommodate all reasonable request in this regard. You have the right to request that you be allowed to inspect and copy your Protected Health Information as long as it is kept as a designated record set, and as long as you pay in advance for the administrative time and cost to make arrangements to have the records inspected and copied. Certain records are exempt from inspection and cannot be inspected and copied. Certain records are exempt from inspection and cannot be inspected and copied, so each request will be reviewed in accordance with the stands published in 45 C.F.R 164.524 You have the right to amend your protected Health Information for as long as the Protected Health Information is maintained in the designated record set. We may deny your request for an amendment if the protected Health Information was not created by us , or is not part of the designated record set, or would not be available for inspection as described under 45 C.F.R 164.524 , or if the Protected Health Information is already accurate and complete without regard to the amendment. You have the information for six years before the date on which you request the accounting. An exception to this accounting are those disclosures not allowed by law pursuant to section 164.528. Each request for an accounting will be reviewed pursuant to the rules of section 164.528. You also have a right to receive a copy of this Notice upon request.

#### Effective Date

The effective date of this Notice is April 14, 2003.

I hereby acknowledge that I have received a copy of this notice.

Patient Signature\_\_\_\_\_

Date\_\_\_\_\_