ENSURING A SUSTAINABLE AND SAFE RETURN-TO-WORK FOR INJURED EMPLOYEES



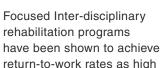
the workplace after injury or illness. We all know that once a patient has moved from an acute to a sub-acute phase the process of return to work begins. The job specific conditioning is instrumental in ensuring that a re-injury does not occur upon a too early and unprepared entry back to work. This step is an integral and necessary component in the RTW process. Utilizing a therapy provider that understands the essential and critical elements of the job is paramount to achieving long term positive goals. We are here for you every step of the way.

THE FACTS

Productive return-to-work strategies are needed to minimize the consequences of occupational injuries and illnesses.

88%

Approximately one third of all injuries in the United States are occupational in nature.1



as 50 to 88 percent.

Focused Inter-disciplinary rehabilitation programs

In 2020, 2.7 million nonfatal workplace injuries and illnesses were reported, with nearly 43 percent resulting in lost work days (i.e., recuperation away from work or restricted duties at work). 2



The longer patients are away from work, the less likely they are ever to return (50% of people who are out of work for six months never return).4-6



OUR PROGRAM

Work Conditioning is a "work related, intensive, goal-oriented treatment program designed to restore an individual systemic, neuromusculoskeletal (strength, endurance, movement, flexibility, and motor control) and cardiopulmonary functions."

Our Functional Rehab model takes place over three weeks with an opportunity for an extended three-week session depending upon outcomes. Each week the patient will have three sessions lasting on average three hours and each session will be equally divided between cardio, job specific and injury specific therapy. The initial eval will establish a baseline and an FCE can be performed at the end of the treatment program. Treatment involves exercises as well as functional tasks and activities. The objective of the work conditioning program is to restore the injured employee's physical capacity and function for return to work with an emphasis on prevention of future injury teaching correct body mechanics with safe movement patterns.

THE RESULT

A confident and capable employee ready to undergo the essential and critical demands of the job without concern of safety or re-injury. An employee that is functionally ready to participate in the field of work is our end goal.



www.peakphysicaltherapy.com

BR - INDUSTRIPLEX

11320 Industriplex Blvd Baton Rouge, LA 70809 Tel: (225) 295-8183 Fax: (225) 295-8236

BR - MID-CITY

750 Jefferson Hwy Baton Rouge, LA 70806 Tel: (225) 831-1300 Fax: (225) 831-1299

BR - MONTERREY

3103 Monterrey Blvd., Ste A Baton Rouge, LA 70814 Tel: (225) 924-1088 Fax: (225) 924-4717

BR - PERKINS

7069 Perkins Road, Ste. A Baton Rouge, LA 70808 Tel: (225) 769-6161 Fax: (225) 769-7661

BR - OFFICE PARK/RTW

7936 Office Park Blvd, Ste. B Baton Rouge, LA 70809 Tel: (225) 201-0002 Fax: (225) 201-0040

BRUSLY / PORT ALLEN

4463 Hwy 1 South, Ste. D Port Allen, LA 70767 Tel: (225) 749-8980 Fax: (225) 749-9096

DENHAM SPRINGS

145 Aspen Square, Ste. A Denham Springs, LA 70726 Tel: (225) 667-8989 Fax: (225) 667-9554

GEISMAR / DUTCHTOWN

36491 Dutchtown Gardens Ave Geismar, LA 70734 Tel: (225) 744-7325 Fax: (225) 744-7330

HAMMOND

46177 N Morrison Blvd., Bldg B Hammond, LA 70401 Tel: (985) 956-7205 Fax: (985) 956-7215

MAUREPAS

12505 Homeport Dr Maurepas, LA 70449 Tel: (225) 663-1420 Fax: (225) 663-1421











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